

Exercise in the subject course – In & Out project

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A. Build a letter with a long rope

A1 Description

To communicate in different ways is a good practice for listening, talking and to use senses that you are not used to.

A2 Subject aims

The aim is to use only your speech and your ears

A3 Preparation

You need a long rope, about 10 – 20 meters and roller-bandage for all participants

A4 Time

About 30 minutes

A5 Implementation

The pupils stand in a circle with roller-bandage on. They are going to form the long rope as a letter for example "W" or as a geometric form. They can only talk and listen to each other because they can't see anything.

A6 Conclusion

In this exercise focus are on cooperation, to use other senses than to see and to feel the letter or the geometric form into your body. The best place for this exercise is on flat ground for example in a schoolyard. Location must be quiet so pupils are not disturbed by other people.