Exercise in the subject course – In & Out project

Science by Karen Barfod

A. Experience

A1 Description

One basic part of science education is the pupil's ability to experience the natural world. And we should never forget the necessity of just experiencing.

A2 Subject aim

Experiencing

A3 Preparation

Find a quiet place outdoors

A4 Time

A few minutes

A5 Implementation

Find a nice spot. Let the pupils be alone, and quiet. Lay down, and look up in the sky, alone for a few minutes.

A6 Conclusion

This exercise is a good chance to experience in peace, to reflect and to get more energy.